



The Shepherd's Post

A monthly publication of Shepherd of the Prairie Lutheran Parish

Shepherd of the Prairie
Lutheran Parish
537 3rd Street
Walcott, ND 58077

April 2018

Worship & Events

SUNDAY WORSHIP

April 1: Easter	7 am Walcott*	9 am Christine*	11 am Hickson*
April 8		9 am Hickson*	11 am Walcott
April 15		9 am Hickson	11 am Christine
April 22		9 am Hickson	11 am Walcott
April 29		9 am Hickson	11 am Christine

*Communion Worship

EVENTS

Mondays	Pastor Karin's day off (however, April 2 is Easter holiday; So Pastor Karin's day off will be Tuesday, April 3)
Tuesday-Thursday	9 am-1 pm Parish office hours
Thursdays	9 am Bulletin announcements due
April 4-10	Pastor Karin's vacation
April 7	Spring Cluster Meeting (WELCA) - Elim Lutheran, Fargo
April 10	12 pm Bethany Annual Meeting—Bethany on 42nd 7 pm Hickson Council
April 11	1:30 pm Hickson Bible study—Lorraine Reed's home
April 11, 18, 25	6:30 pm Confirmation—Christine
April 15	11 am Gideon's presentation—Christine 2-4 pm Arnold & Gerda Jordheim's 60th Anniversary Open House—Sons of Norway
April 20	9 am May newsletter info due
April 28	Time TBD First Communion class—Walcott



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Greetings from Hawaii!

When Todd and I were on vacation in February, **Pastor Kathryn** Zurcher flew from her home on the island of Oahu to Kauai and spent the day with us. We had a great time catching up! Pastor Kathryn has served St. John Lutheran in Kailua for the past three years. She sends greetings and aloha to you all! - LeAnn



JUDY LARSON

A Special
THANK YOU

For sponsoring this month's newsletter in memory of **Rueben & Christine Jacobson**.
Your gift is very much appreciated!

The discipline of forgiveness

WHEN YOU RECEIVE THIS – IT WILL STILL BE LENT!

I love the season of Lent – through the years I've come to appreciate the reflective nature of the season. In the church we recognize the importance of setting time aside to go deeper. We are encouraged in the discipline of lent - using spiritual practices of prayer, service, and contemplation – that we might grow in our relationship with God and one another. In my conversations with people, and in my own life, forgiveness is named as one of the most difficult of spiritual challenges.



Pastor Kavin

I spent much of my twenties and thirties actively involved in the healing work of childhood trauma – having been a victim of both sexual and physical abuse. I so wanted to forgive – particularly my parents, but it did not come easily. I felt like I was handed a huge gift when I came across this particular section on forgiveness in a book called, Women Who Run With the Wolves. I love that Dr. Pinkola Estes lays out a process and provides some very practical suggestions for actions we can take in moving toward forgiveness and the freedom in Christ we all long for. If you are struggling with forgiveness, you may find this as helpful as I have.

THE DISCIPLINE OF FORGIVENESS

1. Forego: To begin to forgive you may have to forego for a while. To take a break from thinking about the person or event for a while. It is not leaving something undone, but more like taking a vacation from it. Prevents us from getting exhausted, allows us to strengthen in other ways, to have other joy in life. Leave the situation, memory, issue as many times as you need to.
2. Forebear: particularly in the sense of abstaining from punish; neither thinking about nor acting on it in small or large ways. This does not mean to lose self-protective vigilance. It means to have patience, to bear up against, to channel emotion. Do as much as you can. This is a cleansing practice. You can refrain from punitive uttering, muttering, from acting resentful, hostile. To refrain from unnecessary punishing strengthens your spirit and character. To forebear is to practice generosity, thereby allowing compassion to participate in matters that range from minor irritation to rage.
3. Forget: Means to refuse to dwell – in other words, to let go, to loosen one's hold, particularly on memory. To forget does not mean to make yourself brain dead. Conscious forgetting means letting go of the event, to not insist it stay in the foreground, but rather allow it to be in the background. We do this when we refuse to summon up the fiery material, we refuse to recollect. To forget is active, not a passive endeavor It means to not haul up certain materials and turn them over and over...to not work oneself up by repetitive thought, picture, or emotion. Willfully dropping the practice of obsessing, thereby living in a new landscape, creating new life and new experiences to think about instead of the old ones. This kind of forgetting does not erase memory, it lays the emotion surrounding the memory to rest.
4. Forgiveness: Is the culmination of all foregoing, forbearing, and forgetting. It does not mean giving up one's protection, but one's coldness. Forgiveness is an act of creation – you can choose from many ways to do it. You can forgive for now, forgive till then, forgive till the next time, forgive but give no more chances – it's a whole new game if there's another incident. You can forgive part, all, or half of the offense. You can devise a blanket forgiveness. You decide.

And finally, by the grace and forgiveness of the crucified ONE, may we rise from the ashes of unforgiveness to receive new life – whole and free

-Clarissa Pinkola Estes, PH.D, Women who run with the wolves.pg. 370-373



Offerings as of 2/28/18

Congregation	2018 Budget	Monthly Offering needed	February Offering	Y-T-D Totals
Christine	\$ 24,900.00	\$ 2,075.00	\$ 932.00	\$ 1,875.00
Hickson	\$ 68,000.00	\$ 5,667.00	\$ 3,423.00	\$ 9,303.00
Walcott	\$ 73,347.00	\$ 6,113.00	\$ 2,381.00	\$ 5,492.50

April Wish List

1. Devotional materials for the parish
2. Weekly bulletin mailing to homebound/nursing home members: \$6/wk or \$25/mo
3. Sponsor May newsletter: \$50
4. Sponsor weekly bulletin: \$25
5. Mileage for pastoral visits: **any amount

**Please make check payable and mail to:
Shepherd of the Prairie Lutheran Parish,
537 3rd Street, Walcott, ND 58077**

If you are interested in sponsoring one of these items, please contact LeAnn Toppen at 469-2183 or email her at shepluthpar@wtc-mail.net. Gifts will be acknowledged in the following newsletter.

Wish Gifts received in 2018

- January: \$100 **Gary & Lois Jordheim**
150 **Larry Blilie**
- February: \$100 **Clark & Marnie Erickson family** in honor of Grandma **Cordy Farsdale's** 100th birthday
- March: \$100 **Judy Larson** sponsored April newsletter in memory of parents, **Reuben and Christine Jacobson.**

Total Wish List Gifts through March: \$450

Confirmation resumes

6:30 pm—Christine

April 11: **Machelle Hendrickson**, snacks

April 18: **Machelle Hendrickson**, snacks

April 25: **Nicole Bice**, snacks

There is no one signed up to bring snacks the first three Wednesdays of May. If you are able to, please let Pastor Karin know. Thank you!



- ◆ **Pastor's day off:**
Mondays
- ◆ **Parish office hours:**
9 am-1 pm Tuesdays - Thursdays
- ◆ **Announcements for bulletins due:** 9 am Thursdays
- ◆ **Pastor's vacation:**
April 4-10
- ◆ **May Newsletter info due:** April 20th
- ◆ **1st Communion Class:**
April 28—Walcott
- ◆ **April-June Christ in Our Home** devotionals are now available in the church entrances

2018 PARISH COUNCIL

PRESIDENT

Josh Granholt

SECRETARY

MaryJane Nipstad

TREASURER

LeAnn Toppen

CHRISTINE REPS

Josh Granholt

Ryan Skoog

HICKSON REPS

Jodi Freitag

Penny Vikander

MaryJane Nipstad

WALCOTT REPS

Cheryl Anderson

Denise Heglie

Ron Heglie

**SHEPHERD OF THE PRAIRIE LUTHERAN PARISH
FIRST QUARTER MEETING
TUESDAY, FEBRUARY 6TH, 2018, 7:00 P.M.
WALCOTT LUTHERAN CHURCH
UNAPPROVED MINUTES (PARAPHRASED)**



**PERSONAL CARE KIT
ITEMS NEEDED
Deadline: May 1**

- ◇ Bath-sized bars of soap
- ◇ Adult –sized toothbrushes in original pkg –No multipacks, please
- ◇ Bath-size towels-dark color (20"x40" to 52"x27")
- ◇ Metal nail clippers

**2018 PARISH COUNCIL
MEMBERS**

Pres: Josh Granholt
Secy: MaryJane Nipstad
Treas: LeAnn Toppen

CHRISTINE REPS
Josh Granholt
Ryan Skoog

HICKSON REPS
Jodi Freitag
Penny Vikander
MaryJane Nipstad

WALCOTT REPS
Cheryl Anderson
Denise Heglie
Ron Heglie

President Josh Granholt-(C) opened the Shepherd of Prairie Council meeting. Pastor Karin; Jodi Freitag (H); Ron Heglie, Denise Heglie, Cheryl Anderson (W); and Ryan Skoog (C) were present.

Secretary & Treasurer Reports were approved

Pastor Report:

1. Pastor Karin volunteered to help at the synod fellowship gathering on Giving Hearts Day (February 8th).
2. The theme for Lenten services is "Dare to Love". Thanks to Darla Rufer for making heart boxes for each church which will be used throughout Lent.
3. Ten people have signed up and registered at Holden Village. They will leave on June 14th and arrive home on June 23rd. Pastor will be back to work on June 28th.
4. Pastor will take a week of vacation when her grandson is born.
5. Gideons will give the message on the Sunday she is gone. They will have a free will offering after the service.
6. Personal care kits items are now being collected.
7. Confirmation students packed and sent 29 baby care kits. Left over items were donated to the YWCA.
8. First communion class will be held in May, date not determined.
9. Pastor will be attending Festival of Homiletics in Washington DC from May 20th-27th.

Old Business: none

New Business:

1. The Summer Worship Schedule was presented for approval. Noted: May 27th was scheduled in Christine on the Winter/Spring schedule and in Hickson on the Summer schedule. It was decided that the service will be held in Hickson. Approved.
2. Lenten offering was discussed. Approved to donate the offering to the Richland school district PJM (peanut butter, jelly and milk) program.
3. Easter offering will be used for completion on the Personal Care kits and shipping.
4. Installation of new officers will be held in Walcott on February 18th at the 9:00 a.m. service. Christine (9:00 a.m.) and Hickson (11:00 a.m.) will be held on March 4th.
5. Motion made & approved to have MaryJane Nipstad audit the parish books.
6. Pastor Karin talked more about the big bang theory and suggested we have someone from the synod come out and do a ministry review. It was decided to invite a representative to attend the parish council meeting in November and take it to the individual churches from there.
7. Motion made and carried to adjourn meeting. We closed with the Lord's Prayer.

Submitted by Jodi Freitag

Upcoming Synod Events

SPRING CLUSTER MEETING

The Fargo Spring Cluster Meeting (WELCA) will be held on Saturday, April 7th at Elim Lutheran Church in Fargo. Registration/Coffee: 8:15-9:00 am; Program: "Who is My Neighbor" 9:00 am. Speaker: Stacy Loegering, Executive Director of the Emergency Food Pantry. In-Kind offering: Personal care items for the Emergency Food pantry. **ALL WOMEN are invited** to attend whether or not there is an active WELCA in your congregation.

BETHANY ANNUAL MEETING

The Bethany Retirement Living Annual Meeting will be held at 12 pm on Tuesday, April 10th at the Larsen Chapel on Bethany on 42nd. Parish reps are: **Carole Sharff** (C), **Jerome & Sandy Nipstad** (H); **Susan Hanson & Bette Jordheim** (W).

SYNOD ASSEMBLY

June 2-3 at the Fargo Holiday Inn. Delegates from the parish are: **Randy Raeder** (C); 2 NEEDED from Hickson; **Cheryl Anderson** and 1 MORE NEEDED from Walcott.



Pastor Karin's new grandson, Nova Joseph born February 16th! Nova was 9 lbs. 10 oz. Welcome to the world, Nova!



Christine News

SPECIAL WORSHIP SERVICES

March 29: 7:30 pm Maundy Thursday
April 1 Easter: 9 am*

WORSHIP & SUNDAY SCHOOL

11 AM

April 15* & 29

*The Gideons will have a short presentation during worship on April 15th.

USHER

OPEN

ORDER YOUR EASTER LILY

Order forms will be available at worship on **March 25th** (or contact **Darla Rufer at 261-0550**)
Cost: \$10; Deadline: April 28th

CONFIRMATION

6:30—Christine
April 11, 18 & 25

COUNCIL OFFICERS INSTALLED

Sunday, March 4

President/Trustee: Josh Granholt,

Treasurer: Darla Rufer

Deacons: Matt Granholt & Carter

Sharff, Trustee: Ryan Skoog

THANK YOU!

To those who served coffee during fellowship hour following worship in March:

**Darla Rufer, Carole Sharff
Kay Skoog & Linda Wallevand**

4/9: Ellen Overbo
4/11: Josh Granholt
Danelle Olsgaard
4/13: Carole Sharff
4/23: Darla Rufer
4/27: Karen Ellingson
4/27: Kristina Hotchkiss
4/28: Carter Sharff

Order Easter Lilies TODAY!

Orders due: Wednesday, March 28th



If you would like to order an Easter Lily to be displayed in the church sanctuary on Easter Sunday, please contact **Diane Ricker** at 588-4652 by Wednesday, March 28th. Cost for each lily is \$9.

You may indicate a loved one's name to give in honor/memory of.

People donating lilies will be acknowledged in the Easter bulletin. Please make check payable to Hickson Lutheran Church and drop check off in the offering plate, in the treasurer's bin in the office, or give to Diane.

Thank you!

THIS MONTH IN HICKSON

WORSHIP

April 1* (Easter Sunday):
11 am
April 8*, 15, 22, 29:
9 am
(with Sunday School and
fellowship to follow)
* Communion

WORK GROUP SCHEDULE

Penny Vikander, Chair
4/1: Rademacher family
4/8: Mitch & Dawn
Johnson family
4/15: Schafer family
4/22: Marc & Deb
Larson family
4/29: Vikander family

COUNCIL MEETING

7 pm April 10th

BIBLE STUDY

1:30 pm April 11th—
Lorraine Reed's home



4/1: Beckett Beyer
Nancy Mathison
4/7: Kala Anderson
4/15: Mary Johnson
4/19: Dawn Johnson

4/19: Siera Nipstad
4/25: Sharon Kaseman
4/27: Blake Anderson
4/29: Dawn Schaffer
4/30: Carolyn Shook

Bethany, did you know...

... that Bethany Retirement Living offers a support and educational program called "*Endings & Beginnings*" for family members who have a loved one with a dementing illness living in a nursing home? This multi-session program is offered twice a year and there is no cost to attend. Participants need

not have a resident at Bethany. Topics such as change, loss, the stages of Alzheimer's, behavior, end of life and emotional issues are discussed. For additional information, contact Tara at 701.239.3529 or tcopley@bethanynd.org.





Wedding Anniversary Open House

Arnold and Gerda Jordheim will celebrate their 60th wedding anniversary on Sunday, April 15th from 2-4 pm with an open house at the Sons of Norway

in Fargo.

All are invited to the Sons of Norway to help them celebrate! No gifts please.



(Corrected) 2018 Walcott Council members and leaders

President: Cheryl Anderson

V President: Denise Heglie

Secretary: Sandy Heglie

Treasurer: Leeanne Girodat

Deacons: Ron Heglie & Dan Girodat, Greg Oestreich

Trustees: Allen Stone, Jeff Hanson & Derek Rhodenbaugh

Board of Ed: Beth Oestreich

WELCA President: Nina Stone

Nominating Committee: NEED 2

Communion Preparer: Marlene Rieger

EaND Synod Delegates: Cheryl Anderson & NEED 1 MORE

Bethany Retirement Living Reps: Bette Jordheim & Susan Hanson

THIS MONTH IN WALCOTT

SPECIAL WORSHIP SERVICES

MARCH 30

7:30 pm Good Friday

APRIL 1

7:00 am* Easter

WORSHIP & SUNDAY SCHOOL SCHEDULE

APRIL 8 & 22

10 am Sunday School

11 am Worship

Usher: Stu Swandal

WELCA News

The Walcott WELCA met Saturday, March 17th at 10 am. Thanks to **Bonnie Christianson and Marilyn Jordheim** for serving the delicious brunch!

The constitution has been updated and copies were passed out at the meeting. We will vote on it at the next meeting—7 pm May 17th. **Nan Bakko and Lianne Rockstad** will serve.

The Spring Cluster meeting is April 7th at Elim Lutheran Church in Fargo. The theme is “Who is My Neighbor” and Executive Director **Stacy Loegering** of the Emergency Food Pantry in Fargo will be the speaker. In-Kind offering is personal care items.

- Nina Stone, President



- 4/4: Lisa Jordheim
- 4/5: Bonnie Christianson
- 4/7: Susan Hanson
- 4/9: Nick Jordheim
- 4/13: Mark Rieger
- 4/19: Kailynn Grad
- 4/21: Leslie Rieger
- 4/23: Olivia Heglie
- 4/24: Matthew Rieger
- 4/25: Tyler Anderson
- 4/26: Marshal Girodat
Harlan Jordheim



**Walcott Church Council
Unapproved Minutes
March 15, 2018**

The Walcott Church Council met March 15, 2018 in the memorial lounge of the church.

Present were Newly Elected President Cheryl Anderson, Pastor Karin, Ron and Sandy Heglie, Leeanne and Dan Girodat and Allen Stone. Cheryl called the meeting to order.

Pastor Karin led us in devotions highlighting that in the midst of so many recent tragedies both local and national, sometimes ordinary days can be a blessing.

Secretary's Report: Sandy read the minutes of the January 28th Annual church meeting. Dan made a motion to accept said minutes. Ron seconded that and motion carried.

Treasurer's Report: Leeanne gave the treasurer's report starting with balances in the following; Checking - \$3,626.45; Savings- \$14,933.20; CD- (as of 3/21) \$100,500.62. She shared that the offering thru 3/11/18 is \$6,435.75 for 6 Sundays compared to \$12,615.56 at this time last year. The annual budget is \$73,347.00 so we would need \$6,112.25 a month to meet that goal. Ron made a motion to accept the report as given. Allen seconded that motion. Motion carried.

Pastor's Report: Pastor Karin gave the Pastor's Report discussing continued collection of personal care kit items for Lutheran World Relief "Project Promise". The Easter Food Basket contribution is 25 large boxes of gelatin.

- The last Lenten Wednesday (3/21) service and the Maundy Thursday (3/29) service of the Lenten season will be held at Christine at 7:30 pm. Both the Good Friday (3/30) and Easter Sunday (4/1) services will be at Walcott this year at 7:30pm and 7:00 am respectively.
- Brought us up to date on the Holden Village trip.
- Pastor extended a grateful thank you to Cheryl, Shelly and Dan for leading services during her absence for the birth of her grandson.
- First Communion will be May 6th in Walcott with the Rite of Blessing for Seniors if Kirkland Zitzow can attend. Class for First Communion is being determined.
- Pastor updated us on her schedule.
- Vacation: The week after Easter and a couple of days after Festival of Homiletics.
- Continuing Education: Holden Village trip— mid June and Festival of Homiletics is May 20-27.
- Supply Pastors: April 8- Rev. Deb Stave; May 20- Pastor Judy Holmen; May 27- TBD; June 18- Chaplain Lauryl Ivers; June 24- Pastor Sue Koesterman

Trustee & Deacon Reports: none

Parish Council Report: Cheryl stated Lenten offering has been designated to Richland School District PB&J fund. She also shared that the idea of a "Parish Fundraiser" was discussed.

OLD BUSINESS

Summer worship schedule was reviewed and the phone/address listing for current council members was updated.

NEW BUSINESS -No new business

ADJOURNMENT

Leeanne made a motion to adjourn, Allen seconded that motion and motion carried. The meeting was closed with the Lord's Prayer. The next meeting will be May 8th at 7:00 pm

Respectfully submitted, Sandy Heglie



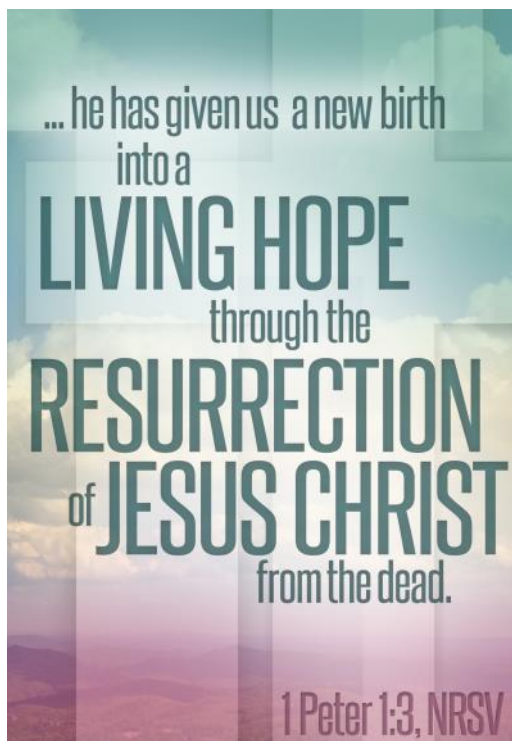


**Shepherd of the
Prairie
Lutheran Parish
537 3rd Street
Walcott, ND 58077**

Serving the ELCA Congregations of
Christine, Hickson & Walcott

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ADDRESS SERVICE REQUESTED



The Shepherd's Post is published monthly for members and friends of Shepherd of the Prairie Lutheran Parish.

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.....Mary Jo Lothspeich, Hickson & Walcott
Newsletter EditorLeAnn Toppen
Production Assistants Marilyn Jordheim & Howard Ellenson

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